

Category

1. Crisis Assistance

Organisation Name	Address	Phone Category	Overview	ID
1source Health & Wellbeing.	20 Old Spring Bay Rd, Swansea, Tas, 7190	Bus. 0400 606 321	Ron & Mandy Cruickshank home counselling at a place of your choice. Phone for appointments. After hours appointments available. Email: ron@1source.org.au, Ph 6257 9012, Web: www.1source.org.au	513
Ambulance Phone: 000 Mobile: 112		Bus. 6375 1951 Bichen	There is an ambulance stationed at Triabunna, Swansea Bicheno and Coles Bay all staffed by volunteers. New volunteers are always welcome. For further information Phone Phyllip Pyke for Triabunna, Debbie Beresford for Swansea, Nola Cook for Coles Bay or L	439
Commonwealth Respite & Carelink Centre	24 Sunderland St Moonah Tas 7009	Freecall 1800 052 222	Web: http://www.cbssouth.com.au Provides information and support for aged pensioners, people with a disability or mental illness and their carers. The centre provides short term and emergency support for carers. Respite allows carers to take a break from	442
Fire Brigade Phone: 000 Mobile: 112	Vicary St Triabunna	AH 000	There is a Fire Unit stationed at Triabunna, Swansea and Coles Bay. New Volunteers are always welcome. Contact Ian Lzzard for Triabunna, Ken Nichols for Swansea, Ray Johnson for Coles Bay.	452
Gateway Services	shop2/2Gordonshill Rd, Rosny Park, Tas 7018	Freecall 1800 171 233	E-mail gateway@missionaustralia.com.au SMS 0429 566 280 Ph 6282 2701 South East including Bicheno. Aim of Gateway Services is to provide: *a central access point to government and non-government services *appropriate tailored packages of services to	654
Laurel House	Bicheno Health and resource Centre	Bus. 6334 2740	Sexual Assault Support Service - Visits the centre monthly. Phone for appointments.	522
Lifeline		AH 13 11 14	Telephone Counselling Support 24 hours 7 days. Suicide bereavement support outreach service, Bereaved by suicide support group.	576

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Mandy Cruickshank	20 Old Spring Bay Rd, Swansea Tas 7190	Mob. 0407 447 840	Qualified and Nationally Registered Counsellor. Professional counselling in all fields and including Colour Therapy, Sound Therapy, and Art Therapy. Rooms available in Swansea and Bicheno. Home visits by arrangement. Fee for service, Self referral. Avai	660
May Shaw Health Centre	37 Wellington St, Swansea Tas 7190	Bus. 6257 8205		643
Medical Assistance - Swansea	Swansea	Bus. 6257 8205 GP	Doctors hours are 9am-5pm Mon-Fri, other times ring May Sahw Medical Centre.	498
Men's Line	PO Box 33 North Melbourne Vic 3051	Bus. 1300 78 99 78	Free Suicide call back service funded by the Commonwealth Government Mensline Australia is a dedicated service for men with relationship and family concerns. Mensline Australia is for all men and all relationships a specialist service providing counsell	657
Mental Health Helpline		Freecall 1800 332 388	7 days per week and after hours. Counsellors can be contacted for advice or referrals. Clarence and Eastern District Community Mental Health worker currently visits fortnightly on Thursdays. If necessary appointments can be made locally at other times. A	528
Parenting Centre		Bus. 6233 2700	For stressful issues that require immediate attention	451
Police - Orford	Orford	Bus. 6257 2020		639
Police - Swansea - Charles Stingel - Sergeant	Swansea	Mob. 6257 9044	131 444 Radio Room	477
Police - Swansea - Shane Golder - Senior C	6 Noyes St. Swansea Tas 7190	Bus. 6257 9044		492

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Rural Alive and Well Inc.	9 Blackwell Rd, Melton Mowbray 7030	Bus. 0400131256 Gary	Outreach and rural support Vyv Alomes Executive Officer Ph: 03 6259 3014 Mobile: 0428 333 517	658