

Category

Carer Support

| Organisation Name | Address | Phone | Category | Overview | ID |
|--|--|-------|--------------------|--|-----|
| ARAFMI Hobart (Mental health Carers) | PO Box 717, 1 Bowen Rd Moonah Tas 7009 | AH | 628 7448 | 24/7 Helpline peer support, postal and email newsletter, mental health library, carer support groups in Hobart and regional areas (see the website for details) Mental health consumer support groups in Hobart and regional also. Carer education workshops he | 535 |
| Centrelink. | | Bus. | 13 2717 Dissabilit | 13 2717 Dissability sickn 13 2300 Retirement 13 1202 Other Languages 13 2850 Employment 13 2490 Youth + Student 13 6150 Family Assist | 560 |
| Commonwealth Respite & Carelink Centre | 14 - 22A Earl St Launceston TAS 7250 | Bus. | 6334 8776 | Web: http://www.cbssouth.com.au Provides information and support for aged pensioners, people with a disability or mental illness and their carers. The centre provides short term and emergency support for carers. Respite allows carers to take a break from | 655 |
| National Carer Counselling Program Tasma | Westella House, 181 Elizabeth St Hobart 7000 | Bus. | 1800 242 636 | Telephone counselling available statewide. Face to Face available in our Hobart Office. Similar service available in other locations around the state. Fees - if you already have two or more HACC services there will be no fee, on a pension and use 1 or no | 527 |